



# AAU Pacific District Handbook

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## AAU GYMNASTICS DISTRICT RULES & POLICIES

# SUMMARY

### **Mission Statement**

Providing opportunities for athletes to participate and enjoy the sport of gymnastics.

### **Overview**

The AAU Pacific District allows for the participation in the sport of gymnastics and gymnastic competition using the USA Gymnastics Program as a base. The District offers the USA Gymnastics Compulsory, Optional, and Xcel Programs. Furthermore, the District follows the National Program Rules ([www.aaugymnastics.org](http://www.aaugymnastics.org)). Any and all District Modifications will be listed on the District website [www.aaupacificgym.com](http://www.aaupacificgym.com). Please note that AAU acknowledges and respects the intellectual property of USA Gymnastics, therefore all training and instructional material, and music must be purchased through USA Gymnastics - (<http://usagym.sportgraphics.biz>). Additionally, apps are available in the iTunes, Google, and Amazon Kindle Stores.

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## **Contact Information**

### **Pacific District**

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### **National Chair**

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### **Nevada State Judging Director**

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### **Duties of District Chair**

- The District Chair shall establish and enforce the District Rules in accordance with the AAU National Policies and Bylaws.
  - Provide easy access to said rules and policies for all coaches and judges.
  - Determine levels and divisions offered in the district.
  - Develop minimum quality standards for district events.
  - Determine qualification standards for District Championships.
  - Determine the implementation process for District Championships (i.e. bidding, assigning, lottery, etc.)
  - Review event licensing.
  - Setting up a committee as deemed necessary for the district.
  - Committee meetings and any other recording or bookkeeping in accordance with AAU National Policies.
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### **Membership and Insurance Procedures**

All participants in AAU licensed events must have a valid membership to participate in licensed events and to secure the full insurance benefits.

#### New Club Membership

Visit [www.aausports.org](http://www.aausports.org) for on-line registration. Memberships are good from September 1-August 31 each season.

First, an individual membership must be established prior to registering a club. After you log into the site, click the "join" button and establish your username and password. You are considered a non-athlete and need to purchase an adult membership (background check is included in the membership price). Once your background has been green lighted, you will be assigned an individual ID number. After receiving your ID number, you can log in and purchase a club membership; you will be issued a club number immediately. Please note there are three levels of club membership, please read the level descriptions on the site and decide which level works best for your club. Next, go back and associate your individual ID with your club number. If you need assistance please call Membership Services (407)934-7200.

#### Coach/Meet Directors/Club Personnel

All coaches, meet directors, and club personnel wishing to participate in AAU will need to purchase a non-athlete, adult membership. They may do so on-line, please make sure that you provide your staff with your club number so they can associate their individual account with your club.

#### Athletes

You can register your athletes using the same on-line registration process. Please make sure you attach your club number to their registration to ensure easy access to your membership lists.

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## Insurance

For specific insurance questions please refer to the [aausports.org](http://aausports.org) website or contact Membership Services (407) 934-7200.

A link to the following forms will be provided on the District website; additionally you may go to [www.aausports.org](http://www.aausports.org) and select the resources tab:

- Sports Accident Claim Form
  - Incident Reporting
  - Non Member Injury Report Form
  - Property Damage
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### **National Rules**

The Pacific District will follow the AAU National Gymnastic Rules and Policies unless otherwise noted. Any district modifications will be announced through email and posted on the district website. Furthermore, the District will follow USA Gymnastics competition rules and policies unless otherwise noted. All USAG Technical Material and Music must be purchased through USAG. The National Rules and Policies can be found at [www.aaugymnastics.org](http://www.aaugymnastics.org) and a downloadable copy is available on the District website [www.aaupacificgym.com](http://www.aaupacificgym.com) .

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### **Meet Director Duties and Guidelines**

Any licensed Level 2 Membership is eligible to host an invitational. It is your duty to ensure the best possible, positive experience for all; athletes, coaches, judges, volunteers, and spectators. Any event is a reflection on AAU and the District. The district chair reserves the right to deny licensing to an event.

- Select a date or dates and apply for an event license through the National Office [www.aausports.org](http://www.aausports.org) in a timely fashion (please make sure to include all possible dates and that they match what is listed on your meet flyer).
  - If hosting outside of your facility, a third party Insurance Certificate is needed. You can confirm this through the National Office.
  - Select a meet format based upon the number of participants (USAG guidelines)
  - List clearly on your flyer- dates, levels, prices, admission fees, type of equipment, meet director contact info., meet venue, awards, entry deadline, and that it is an AAU sanctioned event and all participants must have a current AAU membership.
  - Provide session schedule in a timely manner after entry deadline.
  - Ensure that all equipment meets the Guidelines set forth by USAG for safety.
  - Provide appropriate level judges through NAWJ.
  - Make sure accident reports are filed in accordance with [aausports.org](http://aausports.org) guidelines.
  - Awards should be of good quality and at a minimum follow the National Rules of 100% all around and 50% +1 on events. Meet Directors are free to award 75% or 100% out on events.
  - Team Awards are 50%. Three gymnasts constitute a team per level.
  - Scores must be made available to all clubs within 48 hours of the meet (publishing them online is acceptable).
  - If you are hosting an AAU meet in conjunction with another meet, for example USAG, two different rooms or different session times must be used. You cannot have both AAU and USAG participants on the meet floor, at the same time.
  - All District Competitions must use District Awards.
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### **Judging and Judging Requests**

It is in the best interest of the sport to use NAWGJ rated judges appropriate to the session levels. The District uses USAG guidelines for judging panels.

#### **Requesting Judges**

Judging requests must go through your state chair. Since the Pacific District includes NV and parts of California, making requests through your own state is acceptable. Please request your judges through [gymjas.com](http://gymjas.com) and select your state and fill out the proper information. Double check to make sure all of your information is entered accurately. You will need to send \$3 per judge requested to the address listed on your state. If you are requesting a specific judge, make sure to email your state judging director or use the drop down menu if available in [gymjas.com](http://gymjas.com). You should receive notification once a judge has been assigned to your meet.

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### **District Meet Bidding and Guidelines**

A District Championship will occur annually and will serve as a qualifier to Nationals. The District Championships will follow the AAU National Gymnastic Program Rules and Policies. Any athlete registered in the Pacific District is allowed to attend the District Championship if they have attended at least one invitational during the season. Any Club registered in the District may submit a bid to host the championships. The District Championship dates will be determined along with a season calendar and posted on the district website once established. AAU District awards must be used and awarded at 50% +1 and 100% All Around. Team shall be awarded at 50%. Three gymnasts make up a team entry per level.

A bid must include the following:

- Venue location and Type of Equipment
- Entry Fee Amount
- Spectator Fees

The bid will be awarded by the district committee and take into consideration past events hosted by the club, venue, and cost to the athletes. This should be the highlight of the season, therefore providing a positive and memorable experience to all involved.

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